# SMALL GR%UPS

## **STUDY SHEET**

Spring Session Week 5

Sermon Title: Transformed by Prayer

Sermon Text: Philippians 1:1-11

Date: April 27, 2025

1. What's something from the sermon that's stuck with you or challenged you?

2. Who or what do you find yourself thanking God for most often?

3. Read Philippians 1:6. Where do you see God at work—in your life, in the lives of those around you, or in our church?

4. It can be hard to imagine Paul talking about thankfulness and joy while sitting in prison. What do you think Paul must have focused on or believed about his circumstances in order to still experience joy and gratitude?

5. Activity: Take 3 minutes on your own to write a list of the kinds of things you typically pray for others—things like what you hope God does in their life, how you pray for their life situations, etc. Then take another 3 minutes to read Philippians 1:3–11 and write down what Paul prays for the Philippians.

### Things I Pray for Others / My Church

Things Paul Prayed for the Philippians

a. What stands out to you about how Paul prays for the Philippians? Is there anything about Paul's prayer that you'd like to grow in or try for yourself?

b. Do you ever share with someone what you're praying for them? Or has anyone ever shared with you what they pray for you? What was that like?

#### Pray

Go around the group and try out praying like Paul! Use Paul's words or your own to pray for someone you are thankful for. Afterward, consider sharing with that person how you're praying for them.

#### **Option A: Pray Scripture**

God, thank you for \_\_\_\_\_ and <u>his/her</u> partnership with me in the gospel. May <u>his/her</u> love abound more and more, with knowledge and all discernment, so that <u>he/she</u> can approve what is excellent, and so be pure and blameless for the day of Christ, filled with the fruit of righteousness that comes through Jesus Christ, to the glory and praise of You, God!

#### **Option B: Personal Prayer**

Start by thanking God for someone in your life -- be specific in what you're grateful for about them. Then, pray for ways God could bless their spiritual life and bring God praise!