

Title: Why Transformation Can Be Painful

Text: Isaiah 6:1-13

Date: September 14, 2025

1. What stood out to you from Sunday's message? Can someone in the group retell the story of Isaiah's throne room vision (Isaiah 6:1-7)?
2. In the mid-1800s, scientists introduced the idea that germs cause disease, and since then we've thought of impurity in terms of bacteria, viruses, and the things that carry them. But in ancient Israel, impurity was focused on *contact with death and decay*. As a group, read the verses and fill out the table below.

Verses	Connection to Death/Decay	How to Become Pure?
Leviticus 11 (pick one) <i>Land animals (1-8)</i> <i>Fish (9-12)</i> <i>Birds of prey (13-20)</i> <i>Insects (21-23)</i> <i>Crawlers (29-31)</i>		
Leviticus 14:33-46		
Numbers 19:11-12		

3. Watch the BibleProject video on Holiness together, then read Exodus 3:1-12, Leviticus 10:1-3, and Revelation 1:12-17. How is God's holiness both good and dangerous at the same time?



4. Up to this point, only impurity was “spreadable” (like how disease spreads to doctors, but health doesn’t spread to patients), but in Isaiah’s vision, God opens a new possibility. Instead of Isaiah contaminating God’s presence, God’s holiness “contaminates” him! Read Isaiah 6:1–7 and discuss how this scene points forward to Jesus.

5. In the sermon, we heard that the journey from brokenness to restoration always involves the pain of healing — like the soreness of working out, the sacrifices of getting out of debt, or the hard work of rebuilding relationships. Where have you experienced this in your life?

6. Isaiah’s story shows us that confession is the path to healing. Read 1 John 1:9 and James 5:16 and talk about this important practice.
 - a. What is a confession? How is it different from beating ourselves up or shaming ourselves?

 - b. How does God respond when we confess our sins? How can we respond well when someone confesses to us?

 - c. Have you ever confessed with another Christian? What was your experience? Who in your life could be a safe and trusted person to regularly confess with?