

SERMON NOTES

INSTRUCTIONS

It is always encouraging to hear other people's stories, but we do not always have opportunities to reflect on and share an updated version of our own experience following Jesus. Before your group meets, use the questions below to trace your story so far and prepare to share it with your group.

1. How did you first hear about Jesus and Christianity? What were your earliest experiences of faith?
2. Who or what helped you begin following Jesus? Was there a particular moment or season when faith became personal for you? If you have not yet decided to follow Jesus, how would you describe your journey so far?

3. What have been some of the most important seasons in your relationship with Jesus? What was happening, and how did those experiences shape your faith?
4. What has God taught you along the way? What challenges, doubts, disappointments, or unanswered questions have been part of your story, and how have they shaped your relationship with Him?
5. Where are you in your story with Jesus right now? What is God teaching you, and what questions or struggles are you currently working through?

GROUP TIME

Give each person about eight minutes to share their story. Leave some time for your group to share what encouraged them about your story. If you'd like, they can also suggest a Scripture passage, spiritual practice, or next step for you as you keep growing.

SPIRITUAL RHYTHMS

Consider making this kind of reflection a regular rhythm in your life. Every few months, take time to write or journal about the question, "How do I want to grow in this season?" Then, at the end of that season, look back and ask, "What did God teach me? How did I grow? What am I working through now?" You may find that you learned exactly what you hoped to learn, or you may discover that God was teaching you something completely different. This practice helps you trace your story and recognize what God has been doing in your life. It is a simple, intentional way to follow Jesus and become more aware of how He is shaping you.